Defend with Profend®

General Guidelines for Use for Nasal Application

Easy-to-use, pre-saturated, 10% PVP-Iodine swabstick. Quick, effective treatment.

1. Use tissue to clean inside of both nostrils, including inside tips of nostrils. Discard tissue. **Using total of four swabsticks, perform Steps 2-6 two times for right nostril and two times for left nostril.**

60 SEC   TOTAL TREATMENT TIME

2. Hold applicator tube between thumb and forefinger at blue band with tube in vertical position with tip/handle up. With the other hand, place thumb and forefinger at base of handle ("thumb-to-thumb").
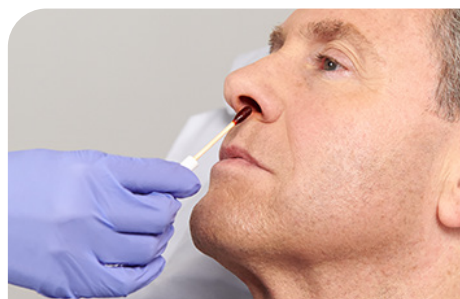
> **TIP #1:** In vertical position with tip up, swabstick can be gently tapped against a hard surface to push any excess solution to bottom of swabstick tube.
>
> **TIP #2:** Hold at mid-torso level, not by face.

3. Bend and snap open along break line.

> **TIP #3:** Break at "score line" (upper ridge) above blue band.
>
> **TIP #4:** First snap of swabstick should be outward away from clinician.

4. Bend and snap in opposite direction to disconnect swabstick.

5. Remove swabstick from tube. Discard tube.

> **TIP #5:** After removing swabstick, do not place back into tube. Swabstick is pre-saturated with the correct amount of solution at time of removal. Placing swabstick back into tube can cause solution to splash. Discard swabstick tube or place on nearby table to discard later.

6. Insert swabstick comfortably into one nostril. For a total of **15 seconds**, rotate swabstick around circumference of nostril and then rotate in the anterior nares for a **minimum of 6 complete revolutions** with slight pressure, covering all surfaces. Discard swabstick. **NOTE:** Do not blow nose. If solution drips, gently wipe with a tissue

SCAN HERE TO WATCH IN-SERVICE VIDEO

Profend®
Nasal Antiseptic Kit

Profend Nasal Antiseptic Kit: Item # X12048
See Drug Facts panel for complete product information.

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